



A Class
Apart

THYMOSIN ALPHA 1

10mg pen, reconstituted with 3mL of bacteriostatic water



WHAT IT DOES

- Immune-modulating peptide that supports immune balance
- May assist recovery and resilience during periods of stress
- Supports general wellness and immune function

HOW IT IS USED



Taken 3 times weekly, or daily for intensive protocol



Subcutaneous injection



AM or PM



Used for wellness, immune support or recovery



6–12 weeks on, then 2–4 weeks off

DOSAGE PROTOCOL

Concentration: 10mg / 3mL = 3.33mg/mL

UNITS / CLICKS	VOLUME	DOSE
30 units / clicks	0.30mL	1mg
60 units / clicks	0.60mL	2mg
90 units / clicks	0.90mL	3mg
120 units / clicks	1.20mL	4mg

All dose conversions assume the peptide has been reconstituted exactly to 10mg in 3mL.



Wellness / Immune Support:

1mg 3 times weekly (30 units/clicks)



Recovery Support:

2mg 3 times weekly (60 units/clicks)



Intensive Immune:

3mg daily (90 units/clicks)



Higher Dose Example:

4mg daily (120 units/clicks), if tolerated

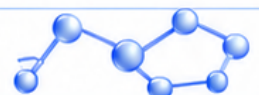


Duration / Cycle:

6–12 weeks, then 2–4 weeks off

POSSIBLE SIDE EFFECTS

- Mild irritation or redness at injection site
- Occasional headache, fatigue or temporary flu-like symptoms



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