



A Class Apart

RETATRUTIDE

20mg pen, reconstituted with 3mL of bacteriostatic water



WHAT IT DOES

- Triple agonist (GLP-1, GIP, glucagon) for weight-loss support
- Increases energy expenditure while suppressing appetite
- Supports metabolic health and insulin sensitivity

HOW IT IS USED



Taken once weekly same day each week



Subcutaneous injection stomach or thigh



Titrate slowly to minimise side effects



Use first thing in the morning



Increase only as tolerated

DOSAGE PROTOCOL

Concentration: 20mg / 3mL = 6.67mg/mL

UNITS / CLICKS	VOLUME	DOSE
15 units / clicks	0.15mL	1mg
30 units / clicks	0.30mL	2mg
45 units / clicks	0.45mL	3mg
60 units / clicks	0.60mL	4mg

All dose conversions assume the peptide has been reconstituted exactly to 20mg in 3mL.



Weeks 1-4:
1mg once weekly (15 units/clicks)



Weeks 5-8:
2mg once weekly (30 units/clicks)



Weeks 9-12:
3mg once weekly (45 units/clicks)



Higher Dose Example:
4mg once weekly (60 units/clicks), if tolerated



Duration / Maintenance:
12 weeks, then review; maintain as tolerated

POSSIBLE SIDE EFFECTS

- Nausea, diarrhoea, heartburn or reduced appetite
- Mild increase in heart rate; seek advice for severe symptoms



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